



COUNSELING PSYCHOLOGY PROGRAM

Weekend Format Academic Calendar 2025-2027

Weekend cohorts attend classes 14 weekends per year (approximately one weekend per month) and, in the first year only, one evening per week. Each weekend class includes Friday 6pm-10pm, Saturday 9am-6:45pm, and Sunday 9am-5:45pm, with breaks built in.

Fall Semester, September - December 2025

Diagnosis & Empirically Supported Treatments (3 units)

Wednesday 6pm-9pm
Sep 3-Dec 17

No class Nov 26

Counseling Theories & Techniques (3 units)

Sep 19-21 &
Oct 17-19

Individual & Family Development (3 units)

Nov 7-9 &
Dec 5-7

Spring Semester, January - April 2026

Multicultural Awareness & Sensitivity (3 units)

Wednesday 6pm-9pm
Jan 7-Apr 15

Common Therapeutic Factors (1.5 units)

Jan 16-18

Research Based Practice (3 units)

Feb 6-8 &
Feb 27-Mar 1

Family Therapy I: Traditional (3 units)

Mar 27-29 &
Apr 17-19

Summer Semester, May - August 2026

Community Mental Health (3 units)

Wednesday 6pm-9pm
Apr 29-Aug 12

No class July 1

Child & Adolescent Counseling (1.5 units)

May 15-17

Family Therapy II: Postmodern (3 units)

Jun 5-7 &
Jun 26-28

Clinical Assessment & Measures (3 units)

Jul 24-26 &
Aug 14-16

Year One

We are committed to offering a program that enables students to earn their degree within two years. Unfortunately, this means that we must sometimes schedule class during holidays. If attending class will limit your ability to celebrate a holiday of religious or cultural significance, please notify your course instructor and the Dean of Students in advance of your absence so accommodations can be made. Please note that students may miss no more than 6 hours of a 3-unit course or 3 hours of a 1.5-unit course.



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Fall Semester, September - December 2026

<p>MFT Professional Development Seminar (1 unit)</p> <p>Tues 6-9:30pm Aug 11 Sep 15 Oct 13 Nov 10 Dec 8</p>	<p>Group Counseling (3 units)</p> <p>Sep 18-20 & Oct 9-11</p>	<p>Family Violence & Protection (1.5 units)</p> <p>Oct 30-Nov 1</p>	<p>Law & Professional Ethics (3 units)</p> <p>Nov 20-22 & Dec 18-20</p>	<p>Practicum (2 units)</p> <p>20-24 hours per week, typically during weekdays</p>
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Spring Semester, January - April 2027

<p>MFT Professional Development Seminar (1 unit)</p> <p>Tues 6-9:30pm Jan 12 Feb 9 Mar 16 Apr 13</p>	<p>Aging & Long-Term Care (1.5 units)</p> <p>Jan 8-10</p>	<p>Addictions & Substance Use Counseling (3 units)</p> <p>Feb 5-7 & Feb 26-28</p>	<p>Crisis, Disaster, & Trauma Counseling (3 units)</p> <p>Mar 19-21 & Apr 16-18</p>	<p>Practicum (2 units)</p> <p>20-24 hours per week, typically during weekdays</p>
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Summer Semester, May - August 2027

<p>MFT Professional Development Seminar (1 unit)</p> <p>Tues 6-9:30pm May 11 Jun 8 Jul 13 Aug 10</p>	<p>Sexual & Gender Health & Dev (1.5 units)</p> <p>May 7-9</p>	<p>Couples & Intimate Partners Counseling (1.5)</p> <p>Jun 11-13</p>	<p>Psychopharm. & the Biological Bases of Behavior (3 units)</p> <p>July 16-18 & Aug 13-15</p>	<p>Practicum (2 units)</p> <p>20-24 hours per week, typically during weekdays</p>
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Year Two

Comprehensive Exam, Fall 2027

Comencement, Fall 2027